



Candlelit Magick

The Enchanted Spell Kit Collection
Bonus [Kit Name] Spellwork



RETURN TO YOUR CENTER AND RISE FROM WITHIN.
THIS KIT SUPPORTS EMOTIONAL RELEASE, ENERGETIC
REALIGNMENT, AND SELF-RENEWAL, HELPING YOU
FIND STILLNESS IN THE STORM AND RECLAIM THE
STEADY STRENGTH OF YOUR SPIRIT.

THIS IS THE SPELL THAT CAME WITH YOUR KIT, NOW TUCKED INTO THIS COLLECTION SO YOU HAVE EVERYTHING IN ONE PLACE.
MAY IT CONTINUE TO GUIDE YOU BACK TO YOUR CENTER, WHENEVER YOU NEED A MOMENT OF PEACE AND EMPOWERMENT.

Return to Center, Rise in Strength

This ritual is designed to help you reclaim your inner calm and quiet personal power. By returning to your center—grounded, clear, and steady—you'll be able to recognize what disrupts your peace and release it with intention. From that still point of clarity, your power can rise again—strong, gentle, and unwavering.

Materials

Inner Peace & Power Spell Candleholder *

Inner Peace & Power Spell Candle *

Personal Power Herbal Blend *

Crystal-accented Herbal Spoon *

Optional: Inner Peace & Power Key Talisman **

Charcoal disc and fire-safe incense burner or electric incense burner

Fire-safe altar or workspace

Small slip of paper and pen (to write what will be released)

* Included in the Inner Peace & Power Spell Kit

** Optional Spell Kit Add-On

Preparation

Creating Sacred Space

Cleanse your space with breath, smoke, or sound. Arrange your tools with care. Say:

*"I enter this space to return to my center,
To rise from stillness, whole and strong."*

Setting Intention

Close your eyes. Place one hand on your heart, the other on your solar plexus. Take a deep breath in, and out. Say:

*"I call back my calm.
I remember my truth.
My center is steady.
My power is clear."*

Spellworking

Use your crystal-accented herbal spoon to sprinkle a small amount of Personal Power Herbal Blend into the base of your candleholder. Say:

*"These herbs of peace and steady flame,
Ground me now and call my name."*

Hold the Inner Peace & Power Spell Candle in your hands. Visualize a quiet pool of light forming deep within your belly—still, glowing, and strong. Whisper:

*"By flame and breath, I claim my core.
My strength is calm. My heart restores."*

Place the candle into the holder. Light the candle and say:

*"This flame is my center—gentle, bright.
It holds my truth. It feeds my light.
I open now to what is true,
And let all else release and move."*

Sit before the flame and place both hands over your center. With eyes closed, breathe deeply and tune in to your place of inner peace and power. Ask yourself:

What does this center feel like?

How does it hold me steady?

What supports it?

Sit in this feeling. Let it root and rise.

Once you've felt your center fully, become aware of what pulls you from it.

Take your slip of paper and write what surfaces—distractions, stressors, internal noise, outer expectations.

Hold the paper in your hands and feel its weight. Say:

*"These are the tides that pull me wide—
But I return to the calm inside."*

Burn the paper safely, watching the smoke carry the disruptions away.

If using the Inner Peace & Power Key Talisman, hold it over your heart. Say:

*"This key protects my sacred space—
My power flows with calm and grace."*

Breathe onto the key to seal the energy into it.

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Return to Center, Rise in Strength

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Closing the Spell

Extinguish the candle slowly or allow it to burn completely in a safe place. Say:

*“My center is clear. My strength is whole.
I walk in peace. I walk in soul.”*

Release any sacred space you cast.

Living in Accord

- Carry your key or spoon to stay connected to your center
- Return to this spell or meditation any time you feel scattered
- Begin keeping a journal of recurring disruptions—what continues to rise after release. This helps you identify what still needs healing or boundary work.

Affirm:

*“I return to center with each breath.
My power is clear, calm, and aligned.”*

Release Emotional Overload

This spell is designed to help you gently release emotional overwhelm—the heaviness, tension, or static that builds up when life becomes energetically or emotionally too much. By invoking the element of water and working with soft, dissolvable paper, this spell offers a gentle yet powerful way to clear space within yourself and restore inner balance.

Materials

Inner Peace & Power Spell Candleholder *

Inner Peace & Power Spell Candle *

Personal Power Herbal Blend *

Crystal-accented Herbal Spoon *

Optional: Inner Peace & Power Key Talisman **

Small bowl of water (spring or filtered preferred, but any clean water is fine)

Small square of soft tissue paper (gift wrap tissue, Kleenex, or toilet paper)

Pen or pencil

Charcoal disc and fire-safe incense burner or electric incense burner

Fire-safe altar or workspace

* Included in the Inner Peace & Power Spell Kit

** Optional Spell Kit Add-On

Preparation

Create Sacred Space

Cleanse your space using breath, water, or sound. Arrange your spell tools and the bowl of water with care. Say:

*“This space is calm.
This space is mine.
I release the weight I no longer wish to carry.”*

Setting Intention

Sit quietly. Place your hands over your heart and lower belly. Take three slow breaths. Say:

*“I honor what I feel.
I allow it to rise.
I release with kindness.
I return to peace.”*

Spellworking

Use your crystal-accented herbal spoon to place a small amount of Personal Power Herbal Blend into the candleholder. Say:

*“Sacred herbs of peace and grace,
Ground and bless this healing space.”*

Hold the Inner Peace & Power Spell Candle in your hands. Visualize a wave of soft energy washing over you—cooling, comforting, clearing. Whisper:

*“This flame will burn to light the way—
That I may clear what clouds my day.”*

Place the candle into the herbal-filled holder. Light the candle and speak:

*“By sacred flame and water deep,
I give what I no longer keep.
My heart releases. I am free—
Washed in calm and clarity.”*

Take your bowl of clean water. With your herbal spoon, sprinkle in a small pinch of the Personal Power Herbal Blend. Say:

*“These herbs bless this water—soft and strong.
Let it carry my feelings where they belong.”*

Watch the herbs swirl. Breathe in their scent. On a small piece of soft tissue paper, gently write what you are ready to release—emotions that are too heavy to hold: stress, sadness, anger, overwhelm, etc. Fold the paper and place it into the herb-infused water. Watch it soften and dissolve. As it breaks apart, say:

*“This burden fades, returned to sea—
The weight dissolves. I set it free.”*

You may gently stir the water with your spoon to support the final release. If using the Inner Peace & Power Key Talisman, hold it over your heart and say:

*“This key holds space for peace to grow—
I carry calm wherever I go.”*

Breathe onto the key to seal the spell into it.

Closing

Extinguish your candle with care, or let it burn down completely in a safe place.

Dispose of the used water in a natural place if possible—outdoors, in a plant, or down the drain with intention. Say:

*“What I have held is no longer mine.
I flow with peace, by heart and mind.”*
Release your sacred space with gratitude.

Living in Accord

- Take time to nurture your emotions with compassion
- Repeat this ritual as needed during emotional cycles or moon phases
- Keep a journal of recurring emotions—they may point to patterns or healing still unfolding
- Affirm:

*“I flow with feeling.
I am light and whole.
I carry only what brings me home.”*

Weave Harmony Within

This spell helps you gently bring yourself back into emotional balance when parts of you feel disconnected, conflicted, or energetically out of sync. By weaving your intention, breath, and energy into a sacred thread—and anchoring it to your key—you create a magickal symbol of your wholeness that can support you long after the ritual ends.

Materials

Inner Peace & Power Spell Candleholder *

Inner Peace & Power Spell Candle *

Personal Power Herbal Blend *

Crystal-accented Herbal Spoon *

Optional: Inner Peace & Power Key Talisman **

A small length of thread, yarn, or twine (preferably in a calming color like lavender, white, or gray)

Charcoal disc and fire-safe incense burner or electric incense burner

Fire-safe altar or workspace

* Included in the Inner Peace & Power Spell Kit

** Optional Spell Kit Add-On

Preparation

Create Sacred Space

Cleanse your space using gentle sound or smoke. Arrange your tools and place your thread in front of the candleholder. Say:

*“I open this space with calm and care.
To call my scattered self back here.”*

Setting Intention

Place your hands on your heart. Take three deep, slow breaths. Say:

*“I call back every part of me—
In grace, in peace, in harmony.”*

Visualize your energy gently pulling inward from all directions.

Spellworking

Use your crystal-accented herbal spoon to place some Personal Power Herbal Blend into the base of the candleholder. Say:

*“These herbs restore what’s been undone,
And weave me whole—my threads as one.”*

Hold the Inner Peace & Power Spell Candle in your hands. Picture all the parts of yourself—emotional, mental, spiritual—gathering close and softening into stillness. Whisper:

*“With this flame, I call me near—
I weave myself with love and clear.”*

Place the candle into the holder. Light the candle and speak:

*“I am not scattered. I am not lost.
My spirit returns, no matter the cost.
With every thread and every breath—
I weave my harmony from within.”*

Take the thread, yarn, or twine in your hands. As the candle burns, tie 3 to 7 knots, one at a time. With each knot, speak aloud a part of yourself you welcome back into alignment. Examples:

“I call back my voice.”

“I call back my clarity.”

“I call back my peace.”

“I call back my trust.”

“I call back my joy.”

As you tie the final knot, say:

“I am whole. I am one. I am at peace.”

If using the Inner Peace & Power Key Talisman, hold it gently in your hands and say:

*“This key holds harmony, quiet and wise—
Aligned within, I clearly rise.”*

Then tie the knotted thread to your key, creating a talisman that binds your energy and intention into one object. This key may be carried with you, placed on your altar, or used in meditation to reconnect with your inner harmony. Breathe gently onto the key to seal the spell.

Closing

Extinguish the candle with care, or let it burn down completely in a safe place. Hold the knotted thread (or the key it’s now tied to) and say:

*“I am woven whole again.
In stillness, I stand. In harmony, I walk.”*

Release the sacred space with gratitude.

Living in Accord

- Carry your key and thread talisman in a pouch or wear it when needed
- Hold it during meditation or reflection to reconnect with your center
- Keep it on your altar as a reminder of your wholeness
- Untie the thread only when you feel the intention has been fully integrated

Affirm:

*“I am whole.
I am woven.
I walk in my own harmony.”*

Shield Your Peace

This spell helps you create and reinforce energetic boundaries that protect your inner calm from outside stress, emotional drain, or energetic disruption. Whether you're facing difficult people, chaotic environments, or simply want to preserve your clarity and balance, this ritual strengthens the invisible barrier between your sacred peace and the outside world.

Materials

Inner Peace & Power Spell Candleholder *	Charcoal disc and fire-safe incense burner or electric incense burner
Inner Peace & Power Spell Candle *	Fire-safe altar or workspace
Personal Power Herbal Blend *	Optional: a personal object to serve as a peace talisman (if key is not used)
Crystal-accented Herbal Spoon *	* Included in the Inner Peace & Power Spell Kit
Optional: Inner Peace & Power Key Talisman **	** Optional Spell Kit Add-On

Preparation

Create Sacred Space

Cleanse your space and body—especially the aura—using your chosen method (smoke, sound, or visualization). Arrange your spell tools in a circle, symbolizing protection. Say:

*"I create this space with clarity and care.
What is mine is safe. What is not, stays out there."*

Setting Intention

Close your eyes and imagine a glowing sphere of soft violet light forming around you. Breathe deeply. Say:

*"I stand within my peaceful shell.
I hold my calm. I hold it well."*

Feel that peace solidify within your body.

Spellworking

Use your crystal-accented herbal spoon to place some Personal Power Herbal Blend into the candleholder. Say:

*"With root and bloom and sacred breath,
I shield my soul from outer stress."*

Hold the Inner Peace & Power Spell Candle in your hands. Visualize it glowing with protective energy—lavender, silver, or pure white. Whisper:

*"This flame reflects, this flame defends—
The calm within that never bends."*

Place the candle into the herbal-filled holder. Light the candle and speak:

*"Let peace surround and power stand—
A sacred shield by my command.
What is not mine cannot remain—
I rise in calm and whole again."*

Sit before the flame and visualize a gentle yet impenetrable energy shield forming around your body—like an egg, a bubble, or a lotus flower.

Chant 3 to 7 times:

*"Shield of calm, shield of grace—
Hold my center, guard my space."*

With each repetition, feel the boundary become stronger—loving, present, and firm.

If using the Inner Peace & Power Key Talisman, hold it in both hands and say:

*"This key locks peace in heart and mind.
My calm is shielded, whole, and aligned."*

Breathe onto the key to seal the energy. Carry it with you as your peace anchor, or place it on your altar.

If you do not have the key, choose a meaningful object—such as a crystal, charm, or personal token. Hold it and say:

*"This charm now holds my sacred shield.
My peace remains, my space is sealed."*

This object now carries the energy of your inner shield.

Closing

Extinguish the candle or let it burn down in a safe space.

Thank the energy of the shield, the flame, and your inner calm. Feel yourself settled and empowered. Say:

"Peace surrounds. Peace remains."

"I move through the world without taking on its weight."

Release the sacred space with gratitude.

Living in Accord

- Carry your key or charm in your pocket, pouch, or bag to reinforce your energetic boundary
- Hold it when entering stressful environments or interactions
- Repeat the chant daily to strengthen your shield over time

Affirm:

*"I am shielded in peace.
I am calm and clear.
What is not mine cannot draw near."*

Rooted in Peace, Rising in Power

Your inner peace is a wellspring of strength. The more you return to your center, the more empowered you become. Return to it again and again, and your life becomes a reflection of your truest self.

Explore calming and empowering tools for balance, protection, and aligned confidence at Her Enchanted Creations.

About the Creator

I'm Tawny, a Priestess, a witch and a lifelong seeker of the sacred. For over three decades, I've walked the winding path of magick—listening to the whispers of the moon, working with herbs and crystals, and honoring the unseen forces that guide us. Her Enchanted Creations was born from that journey—a way to share the beauty, power, and intention of handcrafted tools that support you in living your most magickal life.

