

Candlelit Magick

The Enchanted Spell Kit Collection
Bonus Banishing Spellwork



RELEASE WHAT NO LONGER SERVES TO MAKE SPACE FOR
WHAT DOES. THIS KIT SUPPORTS DEEP ENERGETIC
CLEARING, BANISHING HARMFUL PATTERNS OR
INFLUENCES, AND SEALING YOUR SACRED SPACE WITH
PROTECTION AND POWER.

Banish What No Longer Serves

This spell is crafted to help you release and remove energy, patterns, habits, emotions, or influences that no longer serve your highest good. By calling on the elemental power of fire, focused intention, and symbolic burning, you will sever ties with what holds you back and create space for clarity, healing, and transformation.

Materials

Banishing Spell Candleholder accented obsidian crystal *	Fire-safe dish or cauldron (for burning the paper)
Banishing Spell Candle *	Lighter or matches
Banishing Herbal Blend *	Charcoal disc and fire-safe incense burner or electric incense burner (optional, for burning loose incense)
Obsidian Crystal-accented Herbal Spoon *	* Included in the Banishing Spell Kit
Optional: Banishing Key Talisman **	** Optional Spell Kit Add-On
Small sheet of paper and pen (to write what is being banished)	

Preparation

Create Sacred Space

Find a quiet, undisturbed space. Cleanse it using your preferred method—smoke, sound, breathwork, or visualization. If you cast a circle, do so now.

Arrange your spell tools with care and intention. If using an incense burner, add a small sprinkle of the Banishing Herbal Blend now to release its protective smoke.

Set the Intention

Sit before your altar and breathe deeply. Reflect on what you're releasing:

- What is the exact energy, influence, or block you are banishing?
- Why must it go now?
- How does it affect your life, thoughts, or energy?
- What do you want to feel once it's gone?

On a small sheet of paper, write a single word, phrase, or short sentence that clearly names what you are ready to banish. Holding the paper in your hands, pour your emotion and truth into it.

Spellworking

Using your crystal-accented herbal spoon, place a small amount of the Banishing Herbal Blend into the base of the candleholder. As you do, visualize a firm, protective foundation beneath you.

Hold the Banishing Spell Candle in both hands. Envision the energy you wish to banish flowing into the candle. Let your breath, thoughts, and intention empower it. Insert the candle into the herbal-filled holder. Light it with focused purpose. Watch the flame grow—this is your fire of release and transformation.

With your hands outstretched toward the flame, begin building energy. Speak aloud what you are releasing. Let your voice or breath rise in intensity as your focus deepens. Let your emotions stir the space.

Then, carefully ignite the paper from the candle flame and place it in your fire-safe dish. As it burns, say:

“By this flame, I cast thee out.
No more shadow, fear, or doubt.
What once was mine, I now release—
In ash and smoke, I claim my peace.”

Watch the smoke rise. Know the spell is doing its work.

If using the Banishing Key Talisman, hold it and visualize a heavy door closing behind the energy you've just released. Lock it with your intention. Say:

“The way is shut, the work is done.
I stand renewed—the past is gone.”

Closing the Spell

Sit for a few moments in stillness. Let the shift settle into your spirit. When you are ready, extinguish the candle with respect or allow it to burn completely in a safe space.

Thank the tools, spirits, and allies that supported your work. Speak

“This magick is done. My space is clear. I walk forward in truth.”

Release your circle or energetic container if cast.

If you used the Banishing Key, carry it with you, wear it, or place it on your altar as a sealed symbol of release.

Living in Accord

Anchor your banishing by taking grounded, supportive action:

- Declutter a space
- End a harmful habit or interaction
- Speak your truth
- Journal your release and burn the page
- Move your body with intention

Let each action affirm: This energy is no longer welcome in my life.

Cutting Toxic Ties

This spell is designed to help you cut energetic or emotional cords to a specific person, situation, pattern, or past version of yourself that continues to drain or harm your energy. By naming the connection and releasing it through symbolic cutting, you create space for your personal power to return and your spirit to renew.

Materials

Banishing Spell Candleholder – obsidian-accented *

Banishing Spell Candle *

Banishing Herbal Blend *

Crystal-accented Herbal Spoon *

Optional: Banishing Key Talisman **

Scissors

Small piece of cord, string, or thread (about 6–12 inches long)

Pen and paper (for writing names or symbols)

Fire-safe dish or cauldron (for burning the release paper)

Charcoal disc and fire-safe incense burner or electric incense burner (optional)

Representations of you and the tie you are severing (e.g., names, photos, objects, or symbols)

Lighter or matches

Fire-safe surface or altar

* Included in the Banishing Spell Kit

** Optional Spell Kit Add-On

Preparation

Create Sacred Space

Cleanse the space physically and energetically. Cast a circle or call in spiritual allies for protection and support if desired. Arrange all materials on your altar or working surface with care.

(Optional) Light a charcoal disc or electric incense burner. Sprinkle a pinch of the *Banishing Herbal Blend* onto it, allowing the smoke to clear and bless your space.

Setting Intention

Write on a piece of paper the name, symbol, or representation of the tie you are cutting—whether it's a person, pattern, event, or energy. You may also include a representation of yourself.

Place both representations side-by-side on your altar and connect them with a piece of cord. As you do, reflect on:

- What this tie has meant in your life
- How it has held you back
- Why it is time to let it go

Let your emotional clarity rise as you meditate on:

- How has it affected your energy, emotions, or choices?
- Why might it still be lingering in your life?
- What would it feel like to be completely free of it?
- Where do you feel the tie within your body or energy field?

Allow any feelings to arise. Witness them without judgment. Hold them ready to fuel the spell. When you're ready, open your eyes and begin.

Spellworking

Spellwork Steps

Use your obsidian -accented herbal spoon to place a small amount of Banishing Herbal Blend into your candleholder. Set the candleholder between the two representations.

Hold the Banishing Spell Candle in your hands. Infuse it with the energy of what you are severing and what you hope to reclaim. Place it in the herb-filled holder and light it with focus.

Tear or cut your release paper into two halves—one for the tie, one for yourself. Bind them loosely together with the cord and place them before the flame. Let the candlelight build the energy of separation and clarity.

Imagine the energetic cord between you and the person/event/situation. See where it connects to your body, emotions, or energy field. Feel the weight of that connection.

When the energy feels at its peak, take the scissors and cut the cord between the papers. As you do, speak aloud:

*“This tie I cut, this bond I break,
No more to carry, no more to take.
I call back my power, I set myself free—
As I will, so shall it be.”*

Take the half of the release paper that represented the person/tie and burn it in your fire-safe dish. Watch it turn to ash. Visualize the energy dissolving from your field. Breathe deeply and reclaim your space.

If using the Banishing Key Talisman, hold it to your chest or press it to where the cord was cut. Say:

*“With this key, I lock this door.
What's behind me lives no more.”*

Closing the Spell

Extinguish the candle if necessary, or allow it to burn completely. Gently gather the remaining items.

Thank your guides, tools, and the energies that witnessed your working. Close your circle or release the space with intention.

Keep the half of the paper that represented you on your altar or discard it respectfully.

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Cutting Toxic Ties

Continued

Living in Accord

Support the banishment in your daily life:

- Remove any physical reminders of the tie
- Journal your feelings or reclaim your name
- Take a bold step that affirms your freedom
- Set new boundaries or create space for something nourishing
- If you used the Banishing Key, carry or display it as a reminder that you are untethered, whole, and protected.

Banish the Inner Critic

This spell is crafted to help you release the persistent, critical voice within—the one that sabotages your growth, dims your light, and echoes outdated fears or shame. Through reflection, fire, and symbolic sealing, this spell clears the pathway for self-trust, self-love, and empowered self-talk to take root.

Materials

Banishing Spell Candleholder – obsidian-accented *

Banishing Spell Candle *

Banishing Herbal Blend *

Crystal-accented Herbal Spoon *

Optional: Banishing Key Talisman **

2 small sheets of paper and a pen

Fire-safe dish or cauldron (for burning the inner critic list)

Charcoal disc and fire-safe incense burner or electric incense burner (optional)

Lighter or matches

Fire-safe altar or workspace

* Included in the Banishing Spell Kit

** Optional Spell Kit Add-On

Preparation

Create Sacred Space

Cleanse your space using your preferred method (smoke, sound, visualization, or gesture). Arrange your tools with care and intention. If casting a circle or calling in guides or protectors, do so now.

(Optional) Light a charcoal disc or activate your incense burner and sprinkle a pinch of the Banishing Herbal Blend to bless the space and call in protective energy.

Setting Intention

On the first piece of paper, begin writing down the statements, thoughts, and internal criticisms you wish to banish—these might include phrases like:

- "You're not good enough."
- "You always fail."
- "No one will care."

Let yourself express them honestly—without holding back.

On the second piece of paper, write a short affirmation, truth, or self-loving statement that you wish to replace the critic's voice with. You may write your own, or use one of these examples:

- "I am worthy of kindness and respect."
- "My inner voice speaks with compassion."
- "I am enough—just as I am."

Place both papers on your altar for use during the spell.

Spellworking

Spellwork Steps

Use your crystal-accented herbal spoon to place a small amount of Banishing Herbal Blend into the candleholder. Hold the Banishing Spell Candle in your hands. Visualize it filling with the power to dissolve the inner critic's voice. Place it into the herbal-filled holder and light the flame with focused intent.

Close your eyes. Imagine your inner critic taking on a visible shape—this might be a shadow, a mask, a voice behind a wall. See it clearly. Acknowledge it.

Thank it (briefly) for whatever protection it once tried to offer, then let it know you are releasing it now.

Take the paper with your inner criticisms and hold it over the flame (or light it with the candle) and place it in the fire-safe dish. As it burns, speak:

*"This voice of doubt, I now release—
Its weight is gone, replaced by peace.
The mirror clears, the shadows fade—
My truth shines bright and unafraid."*

Visualize the critic dissolving into smoke and ash—no longer able to influence you.

Take the affirmation paper and hold it in your hands. Read it aloud slowly, clearly, and with feeling.

Fold it and place it beside the candle, or tuck it into your spell journal, mirror, or wallet to remind you of your truth.



Banish the Inner Critic

Continued

Spellworking, continued

If you have the Banishing Key Talisman, hold it to your heart and say:

*"This voice is sealed, this truth is mine.
I lock the door and cross the line."*

Imagine the key locking away the critic for good and empowering your new voice.

Closing the Spell

Snuff out the candle respectfully or let it burn to completion. Thank your tools, guides, and allies. If you created a circle or sacred container, release it with care.

Keep your affirmation paper in view for several days, or carry it with you as a touchstone.

Living in Accord

To reinforce the spell:

- Speak kindly to yourself when doubt arises
- Correct critical thoughts aloud or in writing
- Post affirmations on your mirror or workspace
- Revisit the key talisman or affirmation paper when needed

You've banished the critic. Now let your inner truth guide you forward.

Obstacle Clearing Spiral Spell

This spell is created to help you identify, confront, and banish the obstacles that stand in your way—whether emotional, mental, energetic, or situational. Through the spiral, fire, and focused energy, this working clears the inner and outer path so you can move forward with purpose and power.

Materials

Banishing Spell Candleholder – obsidian-accented *

Banishing Spell Candle *

Banishing Herbal Blend *

Crystal-accented Herbal Spoon *

Optional: Banishing Key Talisman **

1 sheet of paper with a printed or hand-drawn spiral

Small slip of paper (to write your goal)

Pen

Fire-safe dish or cauldron (for burning)

Lighter or matches

Charcoal disc and fire-safe incense burner or electric incense burner (optional)

Fire-safe altar or working surface

* Included in the Banishing Spell Kit

** Optional Spell Kit Add-On

Preparation

Create Sacred Space

Cleanse your space physically and energetically. If casting a circle or calling in support from guides, spirits, or elements, do so now.

Arrange all your tools, and if desired, burn a pinch of the *Banishing Herbal Blend* on a charcoal disc or electric incense burner to begin the clearing.

Setting Intention

On the small slip of paper, write your clear goal—what lies at the heart of what you want to move toward.

Take a few moments to reflect:

- What feels like it's in the way?
- Are the blocks internal (fear, doubt, indecision) or external (overwhelm, limitation, energy drains)?
- What would your life look and feel like with these blocks removed?

Place the goal slip in the center of the spiral. This represents the destination you are clearing the way to reach.

Spellworking

Spellwork Steps

Use your crystal-accented herbal spoon to sprinkle a small amount of the Banishing Herbal Blend into the base of your candleholder.

Hold the Banishing Spell Candle between your hands. Visualize it filling with the energy to dissolve all blocks, inside and out. Place it into the holder but do not light it yet.

Using the spoon, sprinkle small pinches of the Banishing Herbal Blend along the spiral's path leading inward. As you do, name each obstacle—either aloud or silently. Each pinch represents one thing you are ready to remove.

With every pinch, breathe more deeply and feel the weight of each obstacle building tension—getting ready to break. Place the candleholder directly at the center of the spiral, atop the goal slip of paper. As you look at the spiral, see it as your path: blocked, but soon to be cleared.

Light the candle and say:

*“By spiral path and firelight,
I clear the blocks that cloud my sight.
The way ahead now opens wide—
No more fear, no need to hide.”*



Obstacle Clearing Spiral Spell

Continued

Spellworking, continued

As the candle burns, visualize the spiral glowing with golden light. See the blockages turning to dust and blowing away in the wind of your breath and your will.

Once the energy feels charged and the candle has burned for a few minutes, gather the entire spiral page (with herbs and written goal) and carefully burn it in a fire-safe dish.

As the page curls and burns, speak:

*“All that blocked me now is gone.
With each breath, I travel on.”*

Watch the smoke rise and carry your cleared path into being.

If using the Banishing Key Talisman, hold it and press it to your heart. Visualize a final door unlocking at the end of the spiral. Say:

*“The path is open, clear, and free—
By key and will, so mote it be.”*

Closing

Thank the flame and the spiral path. Snuff the candle or let it burn completely in a safe setting.

Release your circle, if cast. Thank any guides, tools, or spirits who supported your work.

Gather any remaining wax or ashes and place them into your prosperity container, or dispose of them in the earth.

Living in Accord

Now that the path is clear, take action.

- Say yes to opportunities you would have declined
- Take the first step on something you've been avoiding
- Speak up, begin again, or give yourself permission to move forward

The spiral is open. You are ready. Walk your path in power.

Seal the Circle, Stand in Strength

Your power to release is sacred. When you clear space, you create room for transformation.

Explore more handcrafted magickal tools for protection, cord cutting, and renewal at Her Enchanted Creations.

About the Creator

I'm Tawny, a Priestess, a witch and a lifelong seeker of the sacred. For over three decades, I've walked the winding path of magick—listening to the whispers of the moon, working with herbs and crystals, and honoring the unseen forces that guide us. Her Enchanted Creations was born from that journey—a way to share the beauty, power, and intention of handcrafted tools that support you in living your most magickal life.

