



Simple, Sacred Daily Practices for Living with Intention and Magick

OHER ENCHANTED CREATIONS



Living a magickal life doesn't require grand rituals or elaborate tools. It begins with intention—and the willingness to see the potential magick throughout your everyday moments.

This guide was created to help you infuse your day-to-day life with simple yet powerful acts of magick. Whether you're stirring intention into your morning tea or aligning your energy with the moon, each of these 13 practices is designed to bring you into deeper connection with your power, your spirit, and the magick that surrounds you.

Use this guide however it best supports your journey:

- As a daily checklist
- As inspiration to build your own rituals
- · As a companion to your altar, journal, or sacred space

Choose what resonates. Leave what doesn't. There's no wrong way to bring magick into your life—only your way.

This guide was created by Her Enchanted Creations—a small witch-owned shop where I handcraft spiritual tools, ritual decor, and herbal blends to help you live each day with magick and intention. Every offering is made with care to support your sacred journey—whether you're starting your path or deepening a lifelong practice. I believe your everyday moments are sacred, and I'm honored to share this part of the journey with you.



Start your day with clarity, purpose, and intention by weaving magick into your morning rhythm.

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Stir Your Intentions into Your Morning Drink

As you make your morning tea or coffee, stir in a spoken affirmation or goal for the day. Stir clockwise to call in energy (like confidence or focus) or counterclockwise to release something (like stress or self-doubt). Visualize your intention infusing the drink with every swirl.

★Benefit: Starts your day with conscious energy and alignment

★ Optional Add-On: Use a crystal spoon or intention jar to enhance the magick

Pull a Card or Use a Pendulum for Daily Insight

Draw a tarot or oracle card—or use a pendulum—to ask: "What energy should I work with today?" Write your reflection in a journal or keep the card visible as a daily anchor.

★ Benefit: Connects you to divine guidance before the day begins

★ Optional Add-On: Keep your pendulum or deck on a mini altar or suncatcher stand

Surrise Gratitude & Grounding Ritual

Step outside or open a window. Breathe deeply and greet the new day with gratitude. Say aloud 3 things you're thankful for, and feel the Earth or floor beneath you to ground your energy.

★ Benefit: Cultivates presence and spiritual stability
 ★ Optional Add-On: Use grounding crystals like smoky quartz or black tourmaline





Your home is more than a shelter.
It's a sacred sanctuary. These practices can help you clear energy, set intentions, and connect your space with the energy of magick.

Simmer Pot or Room Spray Ritual

Create a simmer pot with an herbal blend or herbs (like rosemary, lavender, and citrus) or make a simple room spray using essential oils and moon water. As the scent fills your space, visualize it cleansing and elevating the energy.

- ★ **Benefit**: Instantly shifts the atmosphere and supports emotional wellbeing
- ★ **Optional Add-On**: Use your <u>Peace & Harmony Herbal Blend</u> to amplify intention

Plant Magick in Your Space

Speak affirmations or intentions while watering your houseplants. Add a crystal plant charm or trellis to support the energy you want the plant (and your home) to hold.

- ★ Benefit: Brings grounding, growth, and enchantment into your environment
- ★ Optional Add-On: Use trellises with clear quartz (amplification) or citrine (joy) to support your goals

Sweep with Purpose

As you sweep the floors, visualize yourself clearing stagnant energy from your space. Say affirmations like:

"I sweep away what no longer serves me. I make space for joy, peace, and abundance."

Benefit: Cleanses both physical clutter and energetic residue
Optional Add-On: Burn a <u>Banishing incense blend</u> during or
after sweeping to complete the ritual

Light a Candle with

Choose a candle color that aligns with your goal (green for abundance, pink for love, white for clarity). As you light it, speak your desire aloud:

"As this flame burns, so too does my intention come to life."

- ★ Benefit: Anchors your goals into physical form through fire magick
- ★ **Optional Add-On**: Use a <u>handcrafted ritual candle holder</u> or dress the candle with <u>herbs</u>



Nature's cycles offer powerful energy to work with. These practices help you align with the moon and the Wheel of the Year to deepen your magickal rhythm.



Track the Moon and Align Your Intentions
Each moon phase offers unique energy:

- New Moon: Set intentions
- Waxing Moon: Take action
- Full Moon: Manifest and celebrate
- Waning Moon: Release and reflect

Choose one small action each day that matches the phase's energy.

- ★ Benefit: Builds consistent momentum with the natural flow of energy
- ★ Optional Add-On: Keep a moon journal or use a lunar altar jar to mark each phase

Decorate with the Seasons

Welcome each Wheel of the Year sabbat (like Ostara, Litha, or Mabon) by changing altar decor, adding seasonal herbs, or incorporating symbols like eggs, pumpkins, or sunflowers.

- ★ Benefit: Deepens your connection to Earth's cycles and seasonal wisdom
- * Optional Add-On: Display <u>Blessed Sabbat Herbal Blends</u> or seasonal crystal decor

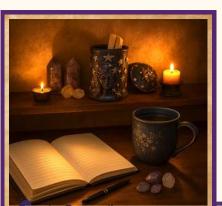
Create a Mini Altar or Sacred Mook

Choose a corner, a shelf, or windowsill to dedicate as a space of intention. Add crystals, seasonal herbs, a small candle, or items that feel spiritually significant to you.

- ★ Benefit: Establishes a daily reminder of your magickal path ★ Optional Add-On: Use <u>apothecary jars</u>, <u>crystal suncatchers</u>, or <u>plant charms</u> to personalize your sacred space







SOULFUL SELF-CARE & REFLECTION

Nourish your energy and spirit with practices that honor your inner world. These rituals help you restore, reflect, and reconnect with your magick.

Witchy Bath or Shower Ritual

Turn your cleansing routine into sacred time. Add herbs, essential oils, or a sachet to your bath—or sprinkle salt at your feet in the shower. As the water flows, visualize negativity washing away and your energy renewing.

- ★Benefit: Clears emotional and energetic heaviness while inviting peace
- **★Optional Add-On**: Use your <u>Self-Love</u> or <u>Sacred Healing Herbal Blend</u> for a deeply restorative experience

Daily Journaling with Magickal Prompts

Create space each day to reflect, set intentions, or record signs and synchronicities. Try prompts like:

- "What energy do I need to embody today?"
- "What am I ready to call in or release?"
- ★ Benefit: Strengthens intuition and tracks spiritual growth
- ★ Optional Add-On: Use a crystal-topped pen, altar journal, or keep a pendulum nearby for clarity

Evening Candle & Reflection Ritual

Before bed, light a small candle and speak aloud one thing you're proud of and one thing you're grateful for. Hold a calming crystal (like amethyst or moonstone) and allow the flame to quiet your mind.

- ★ **Benefit**: Ends the day with mindfulness, self-love, and spiritual calm
- ★ **Optional Add-On**: Create a bedtime altar space with <u>peaceful decor</u> or <u>suncatchers</u>





Enchanted Preations Daily Ritual Checklist

Use this printable page as a simple way to stay aligned with your practice. You can check off completed rituals, circle your intention for the day, or simply use it as a reminder of how magick lives in the little things.

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- □ STIR INTENTION INTO MY DRINK
- □ PULL A CARD OR PENDULUM INSIGHT
- GROUNDING OR SUNRISE GRATITUDE
- □ LIGHT A CANDLE WITH PURPOSE
- □ ENFRGFTIC SWFFP OR CLEANSE
- □ SIMMER POT OR SPRAY RITUAL
- □ UPDATE MY ALTAR OR SACRED SPACE
- ☐ ALIGN WITH THE MOON PHASE
- PRACTICE SEASONAL DECOR MAGICK
- □ TALK TO OR TEND A HOUSEPLANT
- □ WITCHY BATH OR SHOWER RITUAL
- ☐ MAGICKAL JOURNAL ENTRY
- □ CANDLE & GRATITUDE REFLECTION

MOON PHASE: NEW WAXING FULL WANING
SABBAT/SEASON:
TODAY'S INTENTION:
TODAY'S READING:
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DAILY REFLECTIONS



Keep the Magick Going



You've just explored 13 simple yet powerful ways to live with intention and weave witchcraft into your daily life. Whether you practice one ritual or all thirteen, the key is this: your presence and intention are what make it magickal.

There's no need to be perfect.
Let your practice evolve with
your energy, your seasons, and
your spirit. Let your home
reflect your sacred path. Let
every sip, sweep, step, and
sunset become an offering.

Gour magick is real. Your daily life is sacred. And you are more powerful than you know. Want to Deepen Your Practice?



Your magick doesn't end here—this is just the beginning.

If this guide has sparked inspiration, I invite you to explore more ways to live with intention and enchantment. Whether you're creating a sacred space, preparing for ritual, or simply wanting to add a touch of magick to your day, I've lovingly crafted tools and treasures to support your path.

Shop at Her Enchanted Creations

Discover handcrafted witchy decor, crystal gifts, and ritual tools made to nourish your spiritual practice.

<u>HerEnchantedCreations.com/store</u>

Visit the Website & Blog

Explore seasonal inspiration, moon rituals, and soulful practices to deepen your connection to the magickal energies that flow through your life.

<u>HerEnchantedCreations.com</u>

HerEnchantedCreations.com/magickal-musings/

Let's Stay Connected

I'd love to stay in touch as your path continues to unfold.

Follow me on social media for daily inspiration, product highlights, and a glimpse into enchanted living. @HerEnchantedCreations







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Why I Created Her Enchanted Creations

I believe magick lives in the details—the flicker of candlelight, the energy of a well-placed crystal, the quiet power of a daily ritual. I created Her Enchanted Creations to help you bring that magick into your everyday life with intention, beauty, and purpose.

Each piece I make is crafted by hand and heart, with the hope that it supports your spiritual journey in a deeply personal way. There's a power in handcrafted items that mass-produced tools simply don't carry. When something is made with intention, care, and connection to spirit, it holds an energy that amplifies your practice.

From ritual tools and herbal blends to witchy home decor, everything is designed to uplift, empower, and enchant your space. This isn't just about products—it's about connection. To the seasons. To your intuition. To your power. And most of all, to the sacredness of your daily life.

As a thank you for being part of the Enchanted community, you'll also receive 20% off your first order as one of my VIPs. I'm so grateful to walk this magickal path alongside you.

With love & magick,

