

Yule

CELEBRATED ON DECEMBER 21/22, YULE IS ALSO KNOWN AS THE WINTER SOLSTICE. THIS SABBAT CELEBRATES THE GROWING LIGHT AFTER THE LONGEST NIGHT OF THE YEAR AND THE WELCOMING OF THE WAXING YEAR.

INSPIRATIONS

THE BATTLE BETWEEN THE HOLLY KING AND THE OAK KING
THE GODDESS GIVES BIRTH TO HER SON
THE REBIRTH OF THE SUN GOD

SYMBOLS

YULE LOG, HOLLY & MISTLETOE, BELLS, LIGHTS & CANDLES,
PINECONES, WREATHS, SNOWFLAKES, SUN SYMBOLS,
POINSETTIA & CHRISTMAS CACTUS, SPIRALS, ORNAMENTS &
WITCH BALLS, MOTHER & CHILD

INCENSE

PINE, CEDAR, BAYBERRY, CINNAMON, CLOVE,
FRANKINCENSE, JUNIPER, MYRRH, PEPPERMINT, PINE,
SWEET ORANGE

COLORS

RED, GREEN, GOLD, SILVER, WHITE, YELLOW, ORANGE, ICE BLUE

HERBS

HOLLY, BAYBERRY, MISTLETOE, SAGE, FRANKINCENSE,
BLESSED THISTLE, ROSEMARY, PEPPERMINT, IVY

CRYSTALS

CLEAR QUARTZ, BLOODSTONE, DIAMOND, EMERALD, RUBY,
GARNET, BLUE CALCITE, MOSS AGATE, GOLDSTONE, TURQUOISE,
ORANGE CALCITE

TREES

OAK, CEDAR, PINE, FIR, EVERGREEN, APPLE, BIRCH,
CHESTNUT, JUNIPER

FOODS

CLOVE STUDDED FRUIT, YULE LOG CAKE, COOKIES, WASSAIL,
GINGERBREAD, BREAD WREATH, CHUTNEY, MINCE PIE, HAM,
TURKEY,

ACTIVITIES

CAROLING & SINGING, DECORATE THE YULE LOG, MAKE &
DECORATE ANCESTRAL COOKIES, WALKING A SPIRAL,
MEDITATION, SELF-EVALUATION & REFLECTION,
MAKE DECORATIONS, DECORATE HOME AND ALTAR,
FILL & MAINTAIN BIRD FEEDERS, BAKE,
WATCH THE SUNRISE

SPELLWORK

PEACE, LOVE, NEW BEGINNINGS, GRATITUDE, DIVINATION FOR
THE FUTURE, BALANCE, INNER LIGHT, HOUSE BLESSINGS, FREEZE/
RELEASE, PROTECTION AMULETS, HEALING, PROSPERITY JARS,
SNOW WATER, BURN PETITIONS,
PINE CONE PETITIONS, HONOR FAMILY & FRIENDS,