



CELEBRATED ON DECEMBER 21/22, YULE IS ALSO KNOWN AS THE WINTER SOLSTICE. THIS SABBAT CELEBRATES THE GROWING LIGHT AFTER THE LONGEST NIGHT OF THE YEAR AND THE WELCOMING OF THE WAXING YEAR.

## SYMBOLS

YULE LOG, HOLLY & MISTLETOE, BELLS, LIGHTS & CANDLES, PINECONES, WREATHS, SNOWFLAKES, SUN SYMBOLS, POINSETTIA & CHRISTMAS CACTUS, SPIRALS, ORNAMENTS & WITCH BALLS, MOTHER & CHILD

## INSPIRATIONS

THE BATTLE BETWEEN THE HOLLY KING AND THE OAK KING  
THE GODDESS GIVES BIRTH TO HER SON  
THE REBIRTH OF THE SUN GOD  
DARKNESS: THE LONGEST NIGHT OF THE YEAR

## COLORS

RED, GREEN, GOLD, SILVER, WHITE, YELLOW, ORANGE, ICE BLUE

## INCENSE

PINE, CEDAR, BAYBERRY, CINNAMON, CLOVE, FRANKINCENSE, JUNIPER, MYRRH, PEPPERMINT, PINE, SWEET ORANGE

## CRYSTALS

CLEAR QUARTZ, BLOODSTONE, DIAMOND, EMERALD, RUBY, GARNET, BLUE CALCITE, MOSS AGATE, GOLDSTONE, TURQUOISE, ORANGE CALCITE

## FOODS

CLOVE STUDDED FRUIT, YULE LOG CAKE, COOKIES, WASSAIL, GINGERBREAD, BREAD WREATH, CHUTNEY, MINCE PIE, HAM, TURKEY,

## HERBS

HOLLY, BAYBERRY, MISTLETOE, SAGE, FRANKINCENSE, BLESSED THISTLE, ROSEMARY, PEPPERMINT, IVY

## TREES

OAK, CEDAR, PINE, FIR, EVERGREEN, APPLE, BIRCH, CHESTNUT, JUNIPER

## ACTIVITIES

CAROLING & SINGING, DECORATE THE YULE LOG, MAKE & DECORATE ANCESTRAL COOKIES, WALKING A SPIRAL, MEDITATION, SELF-EVALUATION & REFLECTION, MAKE DECORATIONS, DECORATE HOME AND ALTAR, FILL & MAINTAIN BIRD FEEDERS, BAKE, WATCH THE SUNRISE

## SPELLWORK

PEACE, LOVE, NEW BEGINNINGS, GRATITUDE, DIVINATION FOR THE FUTURE, BALANCE, INNER LIGHT, HOUSE BLESSINGS, FREEZE/RELEASE, PROTECTION AMULETS, HEALING, PROSPERITY JARS, SNOW WATER, BURN PETITIONS, PINE CONE PETITIONS, HONOR FAMILY & FRIENDS

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